

APPLE BITS

MARCH 2018

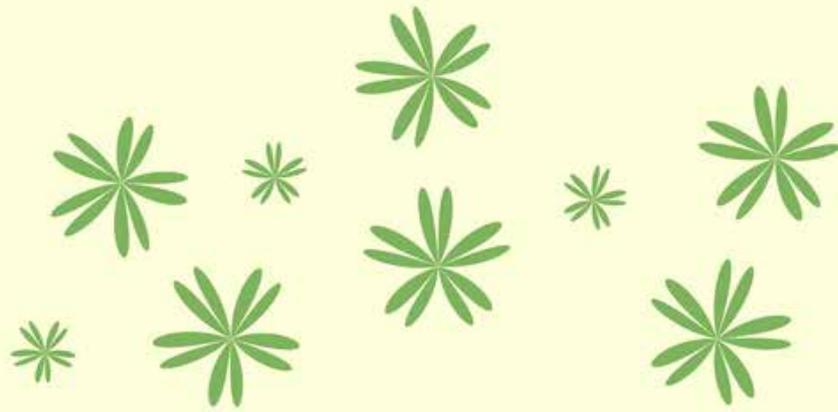


ALMATY INTERNATIONAL WOMANS CLUB MONTHLY MAGAZINE

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Spring adds new life and new beauty to all that is.



Jessica Harrelson



Apple Bits editor : Peta Smith
Cover Photo: Peta Smith



communication.aiwc@gmail.com
aiwclub.net



PRESIDENTS LETTER

BY WENDY MOORE

Dear Members,

As the saying goes, “time flies”! True, February is a short month, but it seemed to zip away a little more quickly than usual. None of us may really be feeling bad about it though as we all are pretty glad to say “goodbye” to those sub-zero temperatures and “hello” to the sound of melting icicles.

In the midst of these icy days though, AIWC members came out and helped to raise some money at the Special Ribbon Brunch hosted by the Ritz Carlton – all money being donated to the foundation “Together Against Cancer”. And in addition to our usual AIWC weekly meetings, members enjoyed an evening presentation at Colibri, learning about what they have to offer, enjoying delicious canapes and tasting their wine while browsing their deli and supermarket.

In this new year, AIWC has already welcomed several new members from all around the globe – the UK, Lithuania, Germany, USA, Australia, South Korea, Kazakhstan, Slovakia, South Africa. We say a big, warm “welcome” to each one of you. A truly

*“Well behaved women rarely change history,”
Eleanor Roosevelt*

internationally minded group, the AIWC brings together all walks of life from many different cultures with many different languages.

If you are a new member looking for information about how to volunteer on different events or get involved with charity projects or activity groups, please contact me (president.aiwc@gmail.com) or Dina (membership.aiwc@gmail.com) and we will be sure you get all the details you need.

March starts off in the best way possible for any woman living here in Almaty – International Women’s Day is celebrated with a day off from work, people walking wet sidewalks with armfuls of flowers and truckloads of flowers filling the city streets. In fact the profusion of colors on this day is the perfect way to forget about the dirty snow still clinging to cars and all the slush we can’t wait to see disappear. So even before spring is officially here, I hope you enjoy this sweet and pleasant taste of what’s to come, as you thoroughly enjoy being pampered and celebrated on the 8th of March. And don’t forget, you can begin the pampering with the AIWC Jazz & Bubbles cocktail party at the InterContinental Almaty on 7 March at 7:00pm – don’t miss it!

Once International Women’s Day has come and gone though, preparation begins for Nauryz, the Central Asian spring holidays that go back to ancient new year celebrations in Persia. You can read all about Nauryz’s history as well as about some of the upcoming fun events you will want to experience with friends and family during Nauryz 2018. Thanks to our member Sabina Voetmann for contributing this Nauryz article.

There is much more available in this edition of Apple Bits contributed by our very own AIWC members – you really do not want to miss any of it. So please take time to look through these pages for information that can really be helpful for you.

With much love,

AIWC President

NEW MEMBERS WELCOME

WELCOME !

добро пожаловать!

қош келдіңіз!

Being a member of the AIWC and participating in our activities and events has some enormous rewards.

But as a club we know that those rewards and benefits also come directly from the amazing people who choose to join our club.

If you have been a member all year or for many years, you have added incredible value to our club and community and we are grateful.

But we would like to take this moment once a month, right here in Apple Bits, to warmly welcome and acknowledge new members who have joined AIWC this past month.

Please join us in welcoming the following new members:

Tatyana Lygina

Sukyung Jang

Martina Popp

Kim Bradford



Almaty International Womens Club

ABOUT THE CLUB

The AIWC is an English language social organization supporting the expat community living in Almaty and giving back to the local community through charities.

Founded originally in 1994 by four members, the AIWC has grown to over 180 members from 50 countries including our host country, Kazakhstan.

It is a wonderful asset to expatriates living in Almaty. Members are able to share their experiences and help other members with the challenges they face when arriving and living in a foreign country. There are many activity groups and social events organized for members to help make new friends, from bridge to golf and hiking to Russian conversation.

The other important aim of the club is raise money for charities and to help people in need in Kazakhstan. We have recently clarified the rules concerning membership: all foreign passport holders, females and males, and all Kazakhstani passport holders married to expatriates are accepted. Moreover, Kazakhstani passport holders who have lived abroad more than two years (which means they know what it means to be an expatriate) or who can name two expatriate club members they have known for more than one year as reference can also apply for membership. In order to be fair, any current member who does not meet these requirements can continue to maintain their membership every year by registering each September, renewing their status. However, if a member allows their membership to lapse, then that member must meet these requirements to renew their membership status.

As it is with most other women's clubs around the world, our common language is English and a minimum level of English is expected for optimal exchange of ideas and working together.

The Board would like to thank all members for your continued support to the club and hope that you will continue to support us while the club grows and changes, while remaining a focal point for our international community to get information, have fun and build friendships, Almaty and give back to the community.

AIWC Trustee Board Members 2018

General Director Aigul Shamshildayeva director.aiwc@gmail.com

President Wendy Moore president.aiwc@gmail.com

Vice President Gerda Schotte vp1.aiwc@gmail.com

Treasurer Svetlana Benes treasurer.aiwc@gmail.com

Secretary Ellie Bahirai secretary.aiwc@gmail.com

Membership Coordinator Dina Khera membership.aiwc@gmail.com

Hospitality Coordinator Rubina Majidulla rubinainkz@gmail.com

Charity Coordinator Assem Khaizova-Stec charity.aiwc@gmail.com

Fundraising and Marketing Coordinator Peta Smith fundraising.aiwc@gmail.com

Program Coordinator Nadia Yeremina presentations.aiwc@gmail.com

THANKYOU TO THIS MONTH CONTRIBUTORS:

WENDY MOORE, PACHEL RHIT, ASEM KHAIZOV-STEC, NINA TCHERNOVA, POOJA KAMATH, SABINA VOETMANN, MICHELLE BARTKOSKE, ELISA WELARATNE

AIWC Membership Fees 2018

New members \$US100.00

Renewal \$US75.00

AIWC Membership requirements for locals/Kazakhs

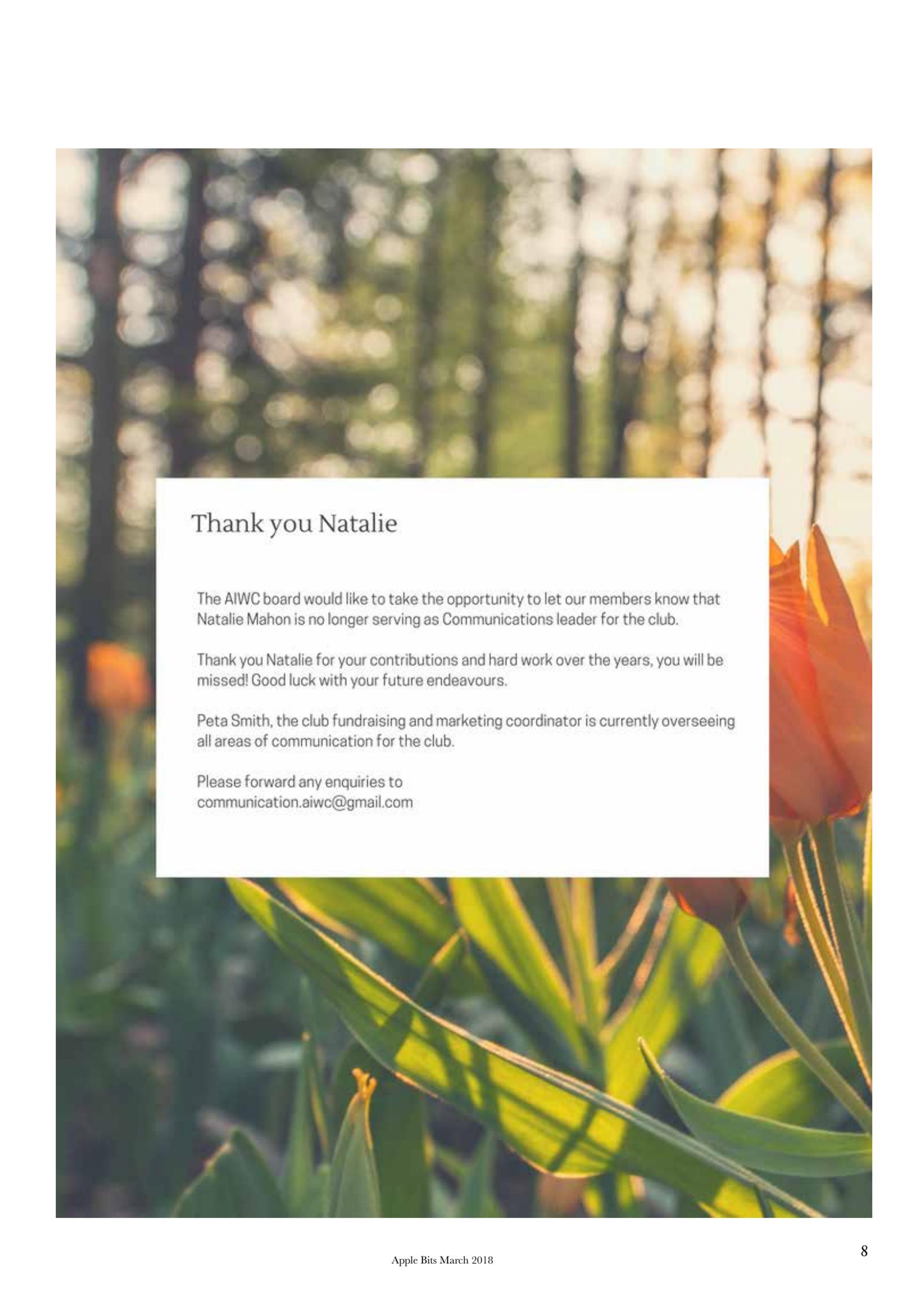
Nationals/Kazakhstanis who meet the following criteria can become a member:

1. You are married to an expat.
2. You have lived or studied in another country (countries) for two years.
3. You have recommendations from two expat club members who have known you for a year.
4. You are able to speak and understand English well

Reminder from the AIWC Trustee Board

The AIWC is an international club involved in social and charity event. Promotion of business for members and third parties will be conducted only in certain conditions and with pre-approval of the Trustee Board Members. Any members, who will not follow this process, will have their membership revoked (cancelled) with immediate effect. For further details, please contact the AIWC Trustee Board Members.

It is mandatory to obtain a prior approval of the AIWC Trustee Board Members for use of the Club's name and/or logo" During AIWC activities and public events, pictures of you and your guests may be taken and published to promote the club and its projects in publications, press articles and websites. In case you do not accept this waiver form, we kindly ask you to inform the photographer on site of the event. The AIWC will be not held responsible for any inconvenience.

The background of the page is a photograph of a tulip field. In the foreground, there are several green tulip leaves and a few orange tulip buds. The background is a soft-focus field of many more tulips, with sunlight filtering through the trees, creating a bokeh effect of light and dark spots.

Thank you Natalie

The AIWC board would like to take the opportunity to let our members know that Natalie Mahon is no longer serving as Communications leader for the club.

Thank you Natalie for your contributions and hard work over the years, you will be missed! Good luck with your future endeavours.

Peta Smith, the club fundraising and marketing coordinator is currently overseeing all areas of communication for the club.

Please forward any enquiries to communication.aiwc@gmail.com

NEW APPLE BITS EDITOR

PETA SMITH IS THE NEW EDITOR OF APPLE BITS MAGAZINE AND ALSO SERVES ON THE AIWC BOARD AS FUNDRAISING AND MARKETING COORDINATOR

What has brought you to Almaty, and how long have you lived here?

My husband and I arrived in April 2016. Paul is a Geologist working for an Australian exploration company and was invited to join a project here in Almaty.

How has your family enjoyed living here? What has been some of your highlights?

Our son was born back home in Victoria in January 2017. We came back to Almaty when he was 8 weeks old. It's been interesting meeting mums from other countries through the playgroup

Our driver invited us to his families house for a traditional Ughur feast. His mother and wife made fenchosa, laggmann and Mors and Tea were on constant supply. We felt so honoured to be invited and for them to go to so much effort. It was a very special afternoon.

Living cross-culturally provides lots of interesting experiences – tell us one of your favorites.

Moving to Almaty allowed an opportunity to submerge myself within another culture. Experiencing how another nation operates and witnessing a different way of living has been eye opening and very influential on the way I see the world. As a result, I find myself with a desire to involve myself with the community, assist locals from Kazakhstan and people experiencing a similar expat placing.

Where did you grow up and go to university?

I grew up in a small town in Central Victoria. I moved to Melbourne when I was 18 and studied a Bachelor of Design, Interior Design from which I graduated with Honors. I've always been very passionate about design and creativity.

What experiences have shaped you the most – who has influenced you and who inspires you the most?

I have visited a number of countries over the last ten years and seen various socio economic problems and their inspiring solutions. Including post Katrina New

Orleans. I began to feel a strong desire to work within communities to help build and maintain social bridges and help overcome varying issues and problems, such as entrenched disadvantage where it exists.

What motivates you the most and what are you most excited or passionate about?

I've always been very passionate about design. My main interest has been design which delivers practical benefits to the community, whether it be through residential design or art and cultural precincts. Most recently I have found I can use my design skills as a communication tool to help bring our community together. I started studying Community Services in 2017 and plan to pursue this area of work upon my return to living in Australia.

What have you learned from people you have worked with before on other teams and other projects?

The design industry, by its very nature can fall in to the trap of putting too much emphasis on appearances, appearance of success and attraction. It can be very insular and materialistic. Sometimes its divorced from community needs and expectations. An Interior Designer doesn't always get the opportunity to directly engage one on one, as they work with someone else's idea and expectations.

How has being a member of the Almaty International Women's Club impacted your time in Almaty?

Being a member of the AIWC has helped me meet other women and find my way around the city. I met other mums by being a part of the playgroup. I have attended hikes with the Hiking club, I wouldn't have seen so much of the mountains without them.

What are some of the experiences that have prepared you for this role with AIWC?

Working in marketing and interior design for 8 years has given me an eye for design and detail. I know that well thought out and strategic design effectively communicates an idea.

When you think about the future of the Almaty International Women's Club, what are you looking forward to and what do you hope your personal contribution will be?

My goal is to communicate more broadly to create a better awareness of club events, charity appeals, activities and ways members can be involved.

WEEKLY ACTIVITIES

FREE OF CHARGE



AIWC Playgroup
Tuesday 10.00am -12.00pm
Natalie Mahon & Elisa Welaratne
aiwcplaygroup@gmail.com



English Conversation
Friday 10:00 am
Trish Marcus tmarcus.oct@gmail.com
Tarryn Wright tarryn_wright@hotmail.com



AIWC Movie Group
Last Friday of the month 11.00am
Nadia Yeremina
yereminadia@gmail.com



German Conversation
Thursday 2:00pm
Anindya (Ruma) Bose Schrivastava
boeshrivastava@yahoo.com



Knitting Group
Wednesday 9.00am - 11.00am
China Osaki
+7 701 763 7720
alley0322@yahoo.co.jp



French Conversation
Thursday 12:30pm
Veronika Kubikova
veronika.kubikova@gmail.com



Bridge
Tuesday 10.00 am
Anna Pastukh
tshevtsova@hotmail.com



Italian Conversation
Tuesday 9.30am
Elisabetta Veneri veneri.elisabetta@tiscali.it
Carmela Caristia C.caristia@gmail.com



Hiking Group
Monday 9.45am
Olga: +77012120119
Veronika: +7 7715530173
Aiw.c.hiking@gmail.com



Russian Conversation
Wednesday 12:30pm
Svetlana Benes sbenes@altynor.com
Nina Tchernova tchem@iinet.net.au



Spanish Conversation
Every second Tuesday 12.30pm
Lunch at Roma Cafe Dostyk Plaza
Judith Cardenas
jucara@hotmail.fr



Spanish grammar for beginners
Every second Thursday at 2.00pm
Location varies
Judith Cardenas
jucara@hotmail.fr

WEEKLY ACTIVITIES

WITH FEES

Please note

These activities incur a small fee only to cover the cost that the club incurs, like room hire or materials, the fee is not for profit in any way and is usually paid on the day by those who attend. Fees are collected by the group leader



Golf

Thursday 10.00am -11.00am
Nurtau Golf Club
Dennis Guilles
+7 702 714 0164
cojeeper@aol.com
5000 KZT/class



Cooking class

Once a month
Day and time depending on the host
Elena Vlasova
+7 777 731 8232
Price of ingredients to share



Lunch Bunch

Third Wednesday of the month 12:30 am
Farida Jubayeva-Allen
+7 701 314 00 53
Price depends on the menu you choose



AIWC Hatha Yoga

Friday 10.00am - 11.00am
Pooja Kamath +91 96869 00177
2000 kzt per class



Batik decorative Art class

Friday 12.00pm
Anna Pastukh tshevtsova@hotmail.com
4000 Kzt your materials



Cultural Club

First Friday of the month 10:00 am
Farida Jubayeva-Allen
+7 701 314 00 53
Price depends on the activity



Art floral masterclass

Every month
Svetlana Benes
sbenes@altynor.com
10,000 kzt - All material included

NEW PLAYGROUP LEADER

ELISA WELARATNE IS THE NEW PLAYGROUP CO-LEADER, ASSISTING NATALIE MAHON WITH ORGANISING THE ACTIVITY

I'm originally from Southern California and my family and I have been in the Almaty for 2 years now.

I started this expat adventure with my own career, single and childless, as an Engineer working in Mexico, Malaysia, and then Korea. I got married during my time in Korea and shortly after we moved for my husband's job to Belgium where I was a trailing spouse. This was perfect timing for us because we wanted to start a family and it was a great opportunity for me to focus on that.

We accepted my husband's next assignment in Kazakhstan when I was 8 months pregnant with my first son and we moved here when he was two months old. On my 1st day in Almaty, I attended the Wednesday AIWC meeting. What a great way to start a new assignment!

Now my 1st son is 2 years old and I have another son who is now 7 months old. My boys keep me very busy so I don't have as much time as I would like for all of the fantastic AIWC activities and charities. However I've made some great friends through the AIWC and the Playgroup. It's not easy moving to a foreign country with young children but the members of the Playgroup made the transition much easier with endless support, helpful advice and a hot tea and chat every Tuesday. It's been really fun to watch the children grow up together and develop relationships with other English speaking kids.

The Playgroup has really enhanced our experience here in Almaty which is why I decided to volunteer as the new Playgroup coordinator, to give some of my time back to such a wonderful organization.



A BABUSHKA POEM

TRANSLATED BY NINA TCHERNOVA

WRITTEN BY LUBOV TROITSKAYA

LUBOV TROITSKAYA STARTED WRITING POEMS AT AGE 80.

SHE HAS PUBLISHED A BOOK WITH 22 OF HER POEMS



PENITENCE

O people, where are you? None... I'm old, I'm frail,
but I'm a man I'd cherish helping hand from you,
As all my time is running through...

But all I get is cold and scorn
I blame myself, it's no one's fault, I love you, and
for love I yearn!
Please help me lift the burden of guilt.

I saw how wrong I was, but late:
I did not revere God, nor man
I did not see another's pain,
So now with my own I pay

The hurt I brought came back tenfold
Forgive me, brothers, sisters, friends,
I will be smothered by my sins,
I feel it as my road ends.

I ask mercy from God
For the sins that were mine
All the evil I caused, I was dumb,
I was blind...

Now I see, I repent and
I wish to redeem
All the pain that I caused,
then I still may be healed.

And you still have the time
While your life is not done
To do good, and to help,
An old man, a sick child,

Don't forget - you are a Man!

GLOBAL NOMAD WOMAN

WRITTEN BY MICHELLE BARTKOSKE

LEARNING TO THRIVE AND ENJOYING THE SECRETS OF LIFE



When I think about my time in Almaty, I think, “When will we go back to the US? (our home country) I use to say it like, “WHEN will we go back?” Or “When Will we go back, I need a break from this place. I’m tired of . . . , I’m counting down the days until we are back on home soil and I can”. There are many words I can use to fill in the blanks, I’m sure you have a few words yourself.

These days, when I think of that phrase it is more in a reflective way, “Aww, when will we go back?” As I say this in my mind, I realized, I’ve changed, I’m not in a hurry to return anymore. Yes, the city has changed from when we, the Bartkoske clan, first moved here more than 10 years ago but even more significantly I have changed. I have learned how not just to survive but thrive. I love being a Global Nomad Mom.

I do remember early days of complaining about the traffic (I still do complain about that), shopping (having to go to one store for this and another store for that), lack of this and that. I missed my relatives. I felt like my kids were missing out on various playing opportunities like American Football and different academic choices that were not here. Part of me did not want to be here and I was trying to use my constant complaining to wear my husband down. Then Tom and I started to notice our youngest son Leo was showing some learning disabilities and we realized, “maybe we do need to go back.”

The thought of getting a plane ticket back to the states for good made me stop and think. At that moment I looked around and started seeing things with some new

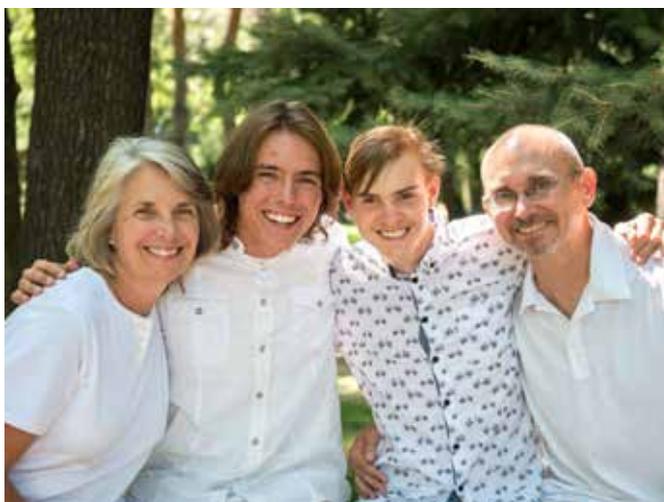
glasses (figuratively). I saw that my kids were enjoying it here. Tom was enjoying his work. What did I need to change?

We did make some changes, Leo started receiving the educational help he needed and I began to see my life here with new “glasses.” My surviving turned into thriving and with the years and lessons learned, I can say I have grown and am not the same person I was. (And that’s a good thing.) My foundation in my faith in God, knowing I am secure in Him, really helped me be able to go through the changes I needed to make.

The process we went through to remain in Almaty was not easy. It took some work for all of us to move forward and change. I wanted my family to call Almaty home. Or at least enjoy and grow through the experience we were having living overseas. And I knew it started with me and my attitude. I made a conscience choice to embrace the culture and ways that were different and it has made all the difference.

I started Hiking on Mondays. It was a great group to be a part of. I started studying Russian which actually can be frustrating (especially when you start post 40), but it has helped me feel more a part of the culture.

My kids went to local kindergarten and even Russian school. Both places helped us be a part of the culture here. I started helping as a teacher aid at KIS (Kazakhstan International School) and made lots of new friends that I am still friends with today. I wanted to give back to the community I was a part of.



All that said, I never thought i would be here this long. My boys have local friends and have enjoyed building these friendships. I watch my boys reach out to other to kids so easily and engage with the culture here. They are way beyond who I was at their age. They have gained so much more than what they didn't get living in their passport country.

Our oldest son Josh went to local school for 4 years, home school for 1 year and then transferred to Tien Shan in grade 6. He is now a Junior at Montana State University studying Physics. Since he started University he has traveled overseas each year for some reason. He hopes to end up back overseas. This last year summer (2017), he came "home," to Almaty and did an internship in his major where he used his Russian every day. We had a great summer as a family enjoying the city and the mountains.

Josh is the kind of person that will not be the center of group but more the one who notices the ones on the edge and will try to bring them into the group. I see because of his experience of growing up overseas, he sees things differently and wears different "glasses," (the way he sees the world) than many of his contemporaries. I would not change that for anything. Our younger son Leo does have challenges academically. Tom and I are so thankful we have a full-time aide who can help him every day at school. This allows him to thrive and not just survive overseas. He is an avid skier and his picture is still in the Ski School building at Shymbulak after he won his gold medal for slalom a few years ago. Leo is our , "I've never met a stranger" kind of kid. He loves to meet people and interact with others. His local buddies come

over at least once a week and hang out.

My husband Tom and I love the outdoors. We are refreshed when can get in a good hike, a day of skiing, a good bike ride or climb a mountain. Learning to enjoy our surroundings has really helped me (us) thrive here. Finding things/activities here we each enjoy has helped me and my family stay strong. I'm grateful to the women's club for the hiking group and also their outreach ministries. Being involved in the Babushka baskets has also been a great event to feel like I am reaching out to the culture/community I live in. Tom is very active in Toastmasters, an international public speaking club.

I do drive here and that has also helped me have independence and more choices. Three of my friends who drive are all over 58 and I'm thinking we may be some of the oldest women in Kazakhstan who drive. Let me know if you know any women older than 58 who drive. We'd love to meet them.

I still enjoy going back to my home to see my family, dear friends and eat some good Mexican food but I'm not in a hurry anymore. As one of my favorite artists, James Taylor sings, "The Secret of Life is enjoying the passage of time."

ALMATY ARTS

WRITTEN BY MANSUR SMAGAMBETOV

The most fabulous event of the spring!

Kazakh State Academic Theatre of Opera and Ballet named after Abay

March, 27-29

2nd Ballet Globe Festival, dedicated to the 200th anniversary of Marius Petipa
Extraordinary ballet event featuring more than 10 prima ballerinas and principal dancers from the world's best theaters incl. Bolshoi, London Royal Ballet, Grand Théâtre de Bordeaux, Grand Théâtre de Genève, Astana Opera and Almaty theatre of Opera and ballet

March 27

Etoiles of Opéra national de Paris performing 'Sleeping beauty'

March 28

Prima ballerina and principal soloist of The Bolshoi Theatre performing 'Bayadera'

March 29

Extraordinary Gala on with a collection of hits from the most famous ballets of all time

In Almaty 3 nights only!

Ticket office:

+7 (727) 272-79-34

Buy tickets online:

<https://ticketon.kz/theatres/festival-ballet-globe>



MONTHLY RUSSIAN

LESSON

LESSON BY NINA TCHERNOVA

If you have not learned the Russian alphabet yet, now is your chance to start. In every issue of the Apple Bits, we will offer you a short and easy Russian lesson. We will start with letters, but soon you will be learning much more!

The Russian alphabet is Cyrillic. Once you learn each letter, you can read Russian. The Russian alphabet consists of 33 letters. Here is how it looks, but it is not as hard as it may seem at first sight.

А Б В Г Д Е Ё Ж З И Й К Л М Н О П Р С Т У Ф Х Ц Ч Ш Щ Ъ Ы Ь Э Ю Я

Here is how the letters sound (approximately):

А	Б	В	Г	Д	Е	Ё	Ж	З	И	Й	К	Л	М	Н	О	П	Р	С	Т
ah	b	v	g	d	ye	yo	zh	z	ee	iy	k	l	m	n	o	p	r	s	t

У	Ф	Х	Ц	Ч	Ш	Щ	Ъ	Ы	Ь	Э	Ю	Я
oo	f	h	ts	ch	sh	shch	No sound	y	No sound	e	yoo	yah

To help you learn the Russian alphabet, we divided all Russian letters into four groups:

1. Letters that are the same as in English
2. Letters that look the same as in English but are pronounced differently
3. Letters that look differently but pronounced similar to the English ones
4. Letters that are completely different

1. Letters that are practically the same as in English (go to column 3 after you have looked at columns 1 and 2)

1. Russian letters	2. Sound like in English words	3. Russian words
А	arm	мама (Mum)
Е	leg	мем (meme)
З	zebra	замок (castle)
К	kettle	кома (coma)
М	mouse, milk	макака (macaque)
О	hot	оса (wasp)
С	city	сом (catfish)
Т	tennis	ток (current)

Now you can read your first Russian words (translation is underneath each word):

СТО	КТО	КОТ	ТЕСТ	КОСМОС	САМОСА	МЕСТО	АТОМ	СКОТ	ТОМАТ
hundred	who	cat	test	cosmos	samosa	place	atom	cattle	tomato

СОСКА	АКТ	КАТОК	САМОКАТ	ОСОКА	КОСА	МОТОК	ЗАКАТ	ТЕСТО	ТАКТ
dummy	act	skating rink	scooter	sedge	braid	skein	sunset	dough	tact

Next time, we will learn letters that look the same as English but are pronounced differently.

Here is some online help: <http://www.study-languages-online.com/alphabet.html>

INTERNATIONAL WOMANS DAY

WRITTEN BY WENDY MOORE

I was 25 years old back in 1998 when I celebrated my first International Women's Day while I was working as a teacher and living in Tashkent, Uzbekistan. My students at the university were just as surprised as me that I had never experienced the 8th of March holiday much less even heard of it.

I will always remember that day with a stomach so full that I felt sick. I remember how we sat around the dining room table eating for at least three hours, and no matter how much I ate, my plate and the table never seemed less full of food. Every once in a while during the afternoon, Shakhnoza's mom would turn up the music and then ask us to stand up and dance: "So you make more room to eat more food," she explained. Later when Shakhnoza's brother arrived home with an enormous and beautiful cake, as politely as possible, I quietly told Shakhnoza, "I'm sorry but I just can't eat one more bite of food right now." With a shocked look on her face, Shakhnoza told me, "I'm sorry Ms Wendy but you must think of way." And so it goes, we enjoyed the rest of the afternoon eating cake and drinking tea and dancing and laughing and going home with an armful of flowers.

I fell in love with this International Women's Day holiday, and it's a wonderful thing that my daughter is growing up in Central Asia with her own inherent understanding of how precious it is for every woman, from the smallest of babies to the oldest of babushkas, to be celebrated for the unique contribution she brings to the world.

As an American woman, imagine my surprise when I discovered that the first-ever International Women's Day took place in the U.S. on 28 February 1909, celebrated as a "National Woman's Day" organized by the Socialist party of America to honor the 1908 garment worker's strike in New York where women protested against the working conditions.

In 1910, the Socialist International met in Copenhagen and established a Women's Day to honor the movement for women's rights and to build growing support for achieving that. Then in 1913-14, International

Women's Day became a method for protesting against World War I, and as part of the peace movement, Russian women observed this first holiday on the last Sunday in February. Throughout Europe though, on or around 8th of March, women held rallies to protest or express solidarity.

Then, against the backdrop of the war in 1917, women in Russian protested and chose to strike for "Bread and Peace" on the last Sunday in February (which actually fell on 8th March according to the Gregorian calendar). Four days later, the Czar abdicated and the provisional government granted women the right to vote.

And this is how 8th March became the specifically designated date for International Women's Day. It commemorates the women's march in Petrograd, Russia, that unwittingly sparked the Russian Revolution in 1917. This is significant and worth noting: women's demands for equality sparked one of the most significant events in modern European history.

The Russian revolutionary leader, Leon Trotsky, had this to say at that time: "We did not imagine that this 'Woman's Day' would inaugurate the revolution. Revolutionary actions were foreseen but without date. But in the morning, despite orders to the contrary, textile workers left their work in several factories and sent delegates to ask for support for the strike...which led to a mass strike...and all went out into the streets." So, in the end International Women's Day really emerged from activities of labor movements in North American and across Europe during the turn of the 20th century, but since then and up until now, this 8th of March holiday has been a growing global movement for women in developed and developing countries around the world.

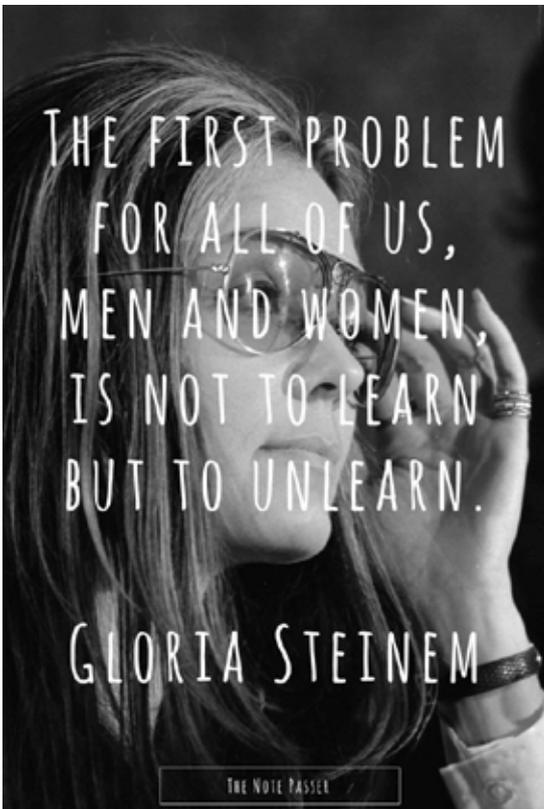
While International Women's Day has been used as a rallying point to build support for women's rights and participation in political and economic arenas, for most women like me and my daughter as well as colleagues and friends, 8th of March is day a day of flowers galore, when every man on the street or in the office or store takes an extra moment or two to honor you – to acknowledge and respect you for the unique contributions you bring as a woman, no matter your age or position.

Sources for historical facts:

1. "A Brief but Fascinating History of International Women's Day." Fortune. [com/2017/03/07/international-womens-day-history/](https://www.fortune.com/2017/03/07/international-womens-day-history/)
2. www.internationalwomensday.com



<http://www.faz.net/aktuell/politik/februarrevolution-in-russland-die-entfesselung-der-gesellschaft-14911509.html>



“Women are the real architects of society”

- HARRIET BEECHER STOWE

INTERNATIONAL WOMANS DAY IS MARCH 8



NAURYZ

THE KAZAKH SPRING HOLIDAY

TRANSLATED BY SABINA VOETMANN

Spring is on the way! March is a first month of spring, the month with many holidays what means the most-beloved-days-off, days when you can be together with family, when your partners are off work, days when many kazakstanis and expats travel and have fun.

In Nomad culture spring approaching meant a lot. Winter is a hardest period for nomads to be (imagine especially during something like what we had just few weeks ago with temperature up to minus -35C, when we had a heating breakdown in some residential areas of Almaty).

Back in time for kazakhs-nomads the change of seasons meant really a lot. Each end of the winter period when people and livestock managed to survive through the winter was a great blessing, was a time of renewal, was time to definitely celebrate.

Therefore I totally feel for my ancestors and understand why the spring holiday of Nauryz is the most wonderful, bright and opportunistic holiday of the year. It marks the beginning of a new year (for those who have gardens – gardening season, mmm!) and is celebrated several days starting from 21st of March, the day of the spring equinox. Nauryz from Persian means ‘new day’. The holiday is celebrated in the Great Steppes and other countries. If you look into sources there is no certain information of when kazakhs started to celebrate Nauryz. Researches try to find out how old is the tradition of celebration and some come to conclusions of 2000-up to 5000 years old.

In ancient times people believed that the eve before the holiday happiness is walking around the land, therefore the night before Nauryz was called “the night of happiness” and Nauryz is the day when the light and the good come to earth, when flowers start to blossom, birds start to sing, steppe turn green of juicy grass, springs start to splatter, new year comes down to the earth.

Nauryz symbolizes goodness and wealth, happiness and love and a great friendship day, since this holiday is common for many nations. The day before people clean their houses, make lot of delicious food in order to welcome the new year in wealth and abundance.



During Nauryz celebrations, past offences are forgiven and forgotten and everybody makes a wish to leave all badness behind and bring renewal in the New Year.

Celebration of Nauryz

During the Nauryz holiday, large and small cities, villages become festival centres, felt yurts – traditional nomad houses are erected in city centres and rich dastarkhan (table) is laid down in each of them.

Fell free to walk around and visit Almaty city squares where you will see lot of yurts, and many performances will take place there during all day. Each district of Almaty will prepare concert program. Here one can learn about the culture and lifestyle of nomads and find people wearing national clothes, listen to Kazakh songs and play of musical instruments, etc. In holiday exhibitions and fairs traditional gifts and souvenirs are sold.

People sing, dance, walk around, greet each other, eat, have fun, smile and in general the atmosphere of joy and happiness is in the air.

Usually young people would gather around Altybakan, which is a large hanging swing, with colourful decorations, where songs are sung, and traditional games are played. For sure there will be several of them installed around the city.

During Nauryz holiday, many famous local stars give open air concerts in cities and the holiday is completed by fireworks.

Due to absolutely unpredicted Almaty weather - each Nauryz is different from previous year. Some times we have sun shining, temperature being almost +15. But some years it was with Almaty full of snow.

The must have greeting on Nauryz is “Nauryz kutty bolsyn! Ak mol bolsyn!” which means “Congratulations with Nauryz! Let abundance be here!” and the receiver of the greeting replies “Byrge bolsyn!” which means “Same to you!”

DISHES SERVED DURING NAURYZ

Nauryz kozhe is the most important of all meals during these days and a main symbol of Nauryz, since it is prepared specially for this day. Nauryz kozhe is special for its unique recipe. Traditionally, 7 different ingredients are added to Nauryz kozhe, which may vary, but basically these ingredients include: water, meat, salt, milk or yoghurt, one type of grains, chosen from rice, corn or wheat, and others. Seven ingredients symbolize seven virtues or qualities, such as joy, success, intelligence, health, wealth, agility and security. During the celebration of Nauryz, the kozhe is offered for free to all guests in any city or village of Kazakhstan. Be aware that it looks and smells a bit peculiar, but you must try it at least once in your life! Besides, other traditional kazak meals, such as beshbarmak, kuyrdak, boursak, and many types of meals made from milk (yoghurt, kurt, cream, butter, cheese, etc) are also offered.

INTERESTING FACTS ABOUT NAURYZ

1. Nauryz is non-officially celebrated during whole month from 22 of March till 22 of April.
2. In west Kazakhstan in Mangystay and Atyrau regions the celebration of Nauryz starts on 14th of March and is called “amal” with a tradition called “koresu” when everybody shall greet each other by shaking with both hands exclaiming “Zhanna zhyl kutty bolsyn!” (which means “Happy new year!”)
3. Nauryz is not a religious holiday so is not connected to religion. It has pre-Islamic roots and goes back to



paganism and Zoroastrianism.

4. Celebration of Nauryz in the past began by meeting the dawn.
5. Children born during this month were named by the derivative of the name of the month Nauryz (the name of “March” in Kazakh). For instance boys names such as “Nauryzbai” or “Nauryzbek”, and girls “Nauryzgul” or “Nauryz”.
6. If on the day of Nauryz it was snowing that was considered for good. Thus girls beauty in Kazakh legends were compared to white snow of Nauryz, since when it is snowing in March it is usually soft fluffy snow with special whiteness.
7. In post soviet countries Nauryz is celebrated in Azerbaijan, Turkmenistan, Uzbekistan, Kyrgyzstan, Tajikistan, some parts of Russia. And also in other countries like Afghanistan, Iran and others.
8. In Kazakhstan Nauryz was totally forbidden by Soviet government in 1926 and was banned as a religious holiday. Only after 65 years, in 1991 when Kazakhstan got its independence the 22 of March was announced as a holiday of Nauryz. In 2001 it was given a status of a state holiday, and from 2009 Kazakhstan started to celebrate Nauryz for three days in row from 21-23 of March. These days are declared as non working days.
9. Traditional food for Nauryz is called “Nauryz kozhe” and contains 7 elements (some sources say this number means 7 days of a week) – in front of “Aksakal” (old respectful man with white beard) there are must be placed 7 bowls with Nauryz kozhe. Each person shall visit 7 houses and invite 7 guests.
10. In neighboring Uzbekistan Nauryz is celebrated on 21 of March. The traditional meal on that day is called “Sumalak” and also contains 7 elements.

PRACTICAL TIPS

Nauryz holiday is one of the longest holidays in the year. According to the rule in the law, if an official holiday hits a weekend then next working day shall be a day off. This year Nauryz will start on Wednesday, means we will have 5 days off! Many people will take Monday and Tuesday as non-paid leave and than have small vacations already from previous weekend (17-25 of March). Make sure to book tickets in advance if you plan to travel.

Popular destinations will be Dubai, Uzbekistan, Azerbaijan, Gergia and etc.

AIWC
HOSPITALITY PARTY
JOIN US FOR

Bubbles & Jazz

TO CELEBRATE WOMANS DAY

MEMBERS 7000KZT
NON MEMBERS 12,500KZT

INTERCONTINENTAL HOTEL
J BAR

MARCH 7, 2018 | 7.00PM - 10.00PM

COCKTAIL ATTIRE

TICKETS AVAILABLE FROM HOSPITALITY TEAM LEADER
RUBINA +7 7772 157509



NEW AIWC ACTIVITY

HATHA YOGA

WRITTEN BY POOJA KAMATH

Oxana Zaytseva is from Moscow and has been practicing yoga since 2006. She has completed her Teacher's training course from Prana Yoga Center (Moscow), in 2016.

Pooja Kamath is from India. She has completed her Teacher's training course from Yoga Vidya Gurukul, India, in 2017.



<http://poweryogaworld.com/yogaclub-classes/hatha-yoga/>

*“Mindfulness is a way of befriending ourselves
and our experiences.”*

- A quote from Jon Kabat-Zinn,

a renowned professor in the field of medicine and meditation teacher.

ABOUT HATHA YOGA

Yoga is a mind and body practice with historical origins in ancient Indian philosophy. Hatha yoga specifically deals with finding balance.

We all seek in some form or the other - control of our mind, body and well-being. Practicing yoga has many potential health benefits which includes improves flexibility, posture, focus, balance; builds muscle strength, stress management.

We all are faced with day to day challenges, our personal inhibitions, self-esteem, and barriers of various kinds. However, we don't accept them very easily. In the present times, being mindful or just being in the moment is so difficult. When one practices yoga, it presents an opportunity to be mindful and seek the balance.

Every individual have their own enriching experience to share when it comes to the journey of yoga!

We invite you to come and sculpt your own journey!

More details about the class:

A typical hour at the yoga class would include combination of Surya namaskar (sun salutation), asanas (postures), pranayama (breathing), meditation, discussion of benefits and relaxation techniques.

We have re-initiated the Yoga class from 16th of February. The yoga class will be held weekly once on Friday's between 10.00 am to 11.00 am.

Since we are renting a yoga studio, there is a small contribution of 2000 tenge per person per class.

The yoga studio 'Yoga Life' is located at Tole Bi 23a, 2nd Floor.

SNEGUROCHKA

THE SNOW GIRL

A RUSSIAN FOLK TALE

TRANSLATED BY NINA TCHERNOVA

Once upon a time there lived an old man and an old woman. They were happy together. Everything would have been fine, if they did not have one big grief – they had no children. A snowy winter came, it snowed and it snowed till the snow came up to the waist, the kids tumbled out into the streets to play, and the old man and the old woman looked at them through the window and thought about their sorrow.

- I say, wife, - said the old man, - why don't we go outside and make a snow girl, so that she could be our daughter?

- Why not, let's try! – said the old woman.

The old man put on his warm hat, they came out into their back yard and started to make a snow girl. They rolled snow into a big ball, shaped arms and legs, then rolled a snow head and put it on top of the shoulders. The old man carved a nose, a mouth, and a chin.

Suddenly they saw that the Snow Girl's lips turned pink, and her eyes opened: she looked at the old man and the old woman and smiled. Then she nodded her head, moved her arms and legs, shook off epy snow, and came out of the snow pile – a live girl!

The old man and the old woman rejoiced and brought her into the hut. They looked and looked at her and could not have enough.

And so she lived with the old man and the old woman, and grew very quickly into a young girl, more beautiful with every passing day. She had skin as white as snow, a long golden plait coming down to her waist, but her cheeks were always pale.

The old man and the old woman were happy beyond measure with her. She was clever, and smart, and cheerful. Nice and friendly with everyone. Whatever work she starts - turns out well, when she starts to sing – you cannot have enough.

The winter passed and the spring sun got warmer. Green grass appeared. But the Snow Girl suddenly started to look sad.

- What is the matter, dear daughter? – asked her the old man and the old woman. – Why are you so unhappy? Are you unwell?

- Don't worry, Mummy, don't worry, Daddy, I am fine, - she answered.

Finally all the snow melted, flowers blossomed in the meadows, and the birds returned from warmer countries. But the Snow Girl was getting paler and quieter day by day. She tried to hide from the sun, stay in the shade, in a cool place, or better still – in the rain.

One day, a heavy black cloud came and it started to hail. The Snow Girl was so happy as if it were not hailstones but the finest pearls. But when the sun came back and all the hail melted, she burst into tears... She cried so bitterly as if she lost a dear brother.

The spring was followed by the summer. The girls gathered to go to the forest, to pick berries. They came after the Snow Girl:

- Come with us to the forest, Snow Girl, let's walk, sing, dance, and make merry.

The Snow Girl did not want to go, but the old woman insisted:

- Go, dear daughter, have fun with your friends!

The girls brought Snow Girl to a green meadow, and started to pick flowers, twine them into wreaths, sing and dance in a ring. Only the Snow Girl was not having fun.

And when it started to get dark, they picked some braches, built a fire and started to jump over the flames. The Snow Girl stood behind them.

When her turn came, she ran after her friends.

When she jumped over the fire, she turned into a small white cloud. The cloud rose high and disappeared into the sky. The girls heard only a soft whisper behind, but when they turned to look, the Snow Girl was nowhere to be seen.

They started to call her, but only forest echo answered back.

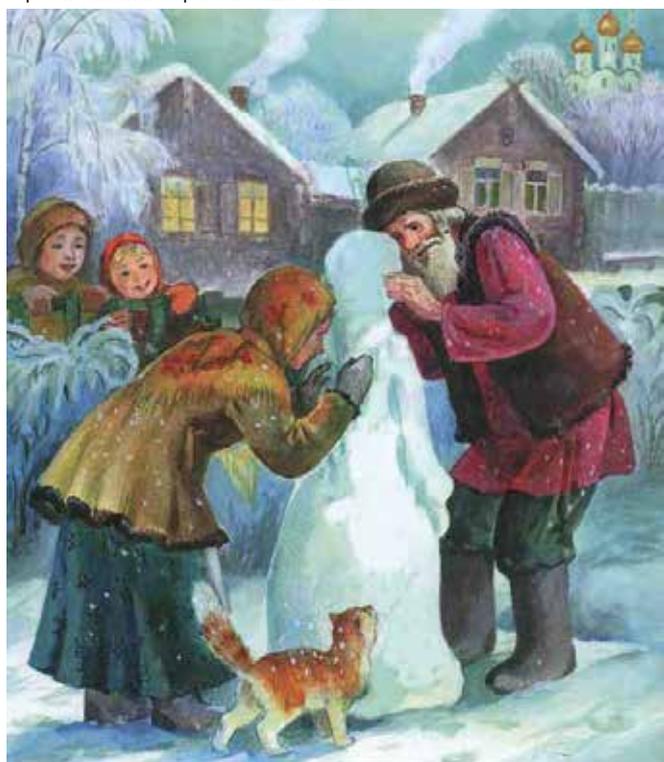
But ever since that day, when winter comes, she comes back to Russia with Grandfather Frost.



<https://www.bankreceptov.ru/skazki/skazki-0017.shtml>



<http://камерная.рф/?р=2118>



<http://chitalochka-ru.ru/wp-content/uploads/2013/01/sneg-2.jpg>

“ Come with us to the forest, Snow Girl, let’s walk, sing, dance and make merry ”



<http://камерная.рф/wp-content/uploads/2012/03/skazki-0134.jpg>

THE MONTESSORI ROOM VISIT

WRITTEN BY ASEM KHAIZOVA-STEC



Almaty, January 30th

Minus 30 degrees outside!

The brand new school #174, situated in Kalkaman, not far from AIS school, opened doors last year. The school hosts a Rehabilitation Center for kids, and which we want to visit despite of freezing weather!

There are 8 Rehabilitation centers in Almaty run by the government. They serve kids with autism, ADHD, Dawn, cerebral palsy, speech problems, developmental delay and other disabilities. Parents of such kids wait in a queue up to few months to get services of such centers free of charge. Kids get help of psychologist, speech therapist, neurologist, music, physical motion, and many other specialists in accordance with prescription.

Our club raised fund in 2017 from our Burns Supper event, part of which 1.9 mln KZT we delivered to Dara Foundation. Dara used our money to equip a Montessori room in the Center – amazing room suitable for 1-18 year olds with different problems! Kids love to be here and play!

Dara Foundation is a privately run fund which took the responsibility to equip the Rehabilitation Centers with materials, toys, books, furniture, and make renovation of centers. At the moment, they have opened 20 centers around Kazakhstan. The cost of the last center was around 15 mln KZT. Dara also

supports an Inclusive Education program by equipping ordinary schools with rooms for kids who need special assistance.

The center serves 72 kids in this cycle (15.12-15.03). All these kids were involved to make a beautiful picture for AIWC. This picture is in Wendy's hands now! I was so touched to get something done by kids!

In general, quantity of kids with difficulties raise every year in Kazakhstan. To get services in the centers parents must first get through commission and then wait in a queue. One cycle service is 3 months – it is not enough for such kids. Only parents who can afford additional private lessons can continue education. Others wait for the next cycle. Many parents need to accept and understand diagnoses to help their kids at home. However, some parents need psychological support to deal with situation and change their lifestyle. You may understand in some cases one of the parents cannot work full time and have to serve their kids for the rest of life. The government pays pension, however

the amount is not enough to cover all expenses, especially expenses for medicines, private teachers or special taxi. Only very strong people can get through all difficulties, some people abandon their kids, or stop doing anything to help them, many come to the centers and do nothing at home, which is also make rehabilitation process long and painful.

In cooperation with Dara and the Rehabilitation center #8 we start a pilot project – Parents Club. On our first meeting the AIWC knitting group will meet these parents to make knitting together. The main goal is to help parents to become active, go out of their problems,

find a new path, way or goal in their life! The idea is to make knitting, or any other handcraft, learn English or other languages, etc. If you wish to participate, please join us!

Charity activities are very important for running AIWC. We helped many people and organizations in Almaty and Kazakhstan both by money and free service. If you wish to participate personally and share your talents, please contact me!



RUSSIAN CONVERSATION GROUP EXCURSION

WRITTEN BY RACHEL RHIT



I had another great outing with the Russian Conversation Group, a part of the Almaty International Women's Club. We visited the Art Museum which is officially called the 'State Museum of Arts A. Kastei of the Republic of Kazakhstan'.

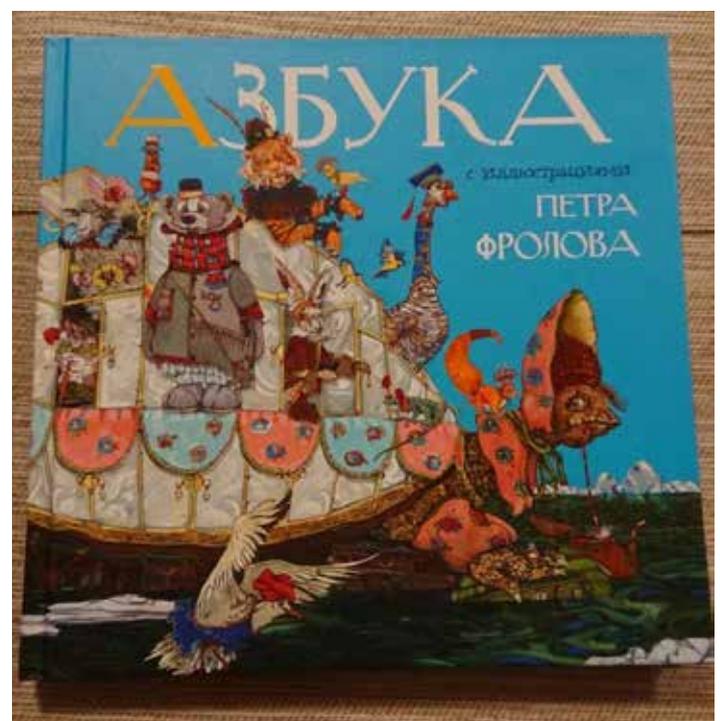
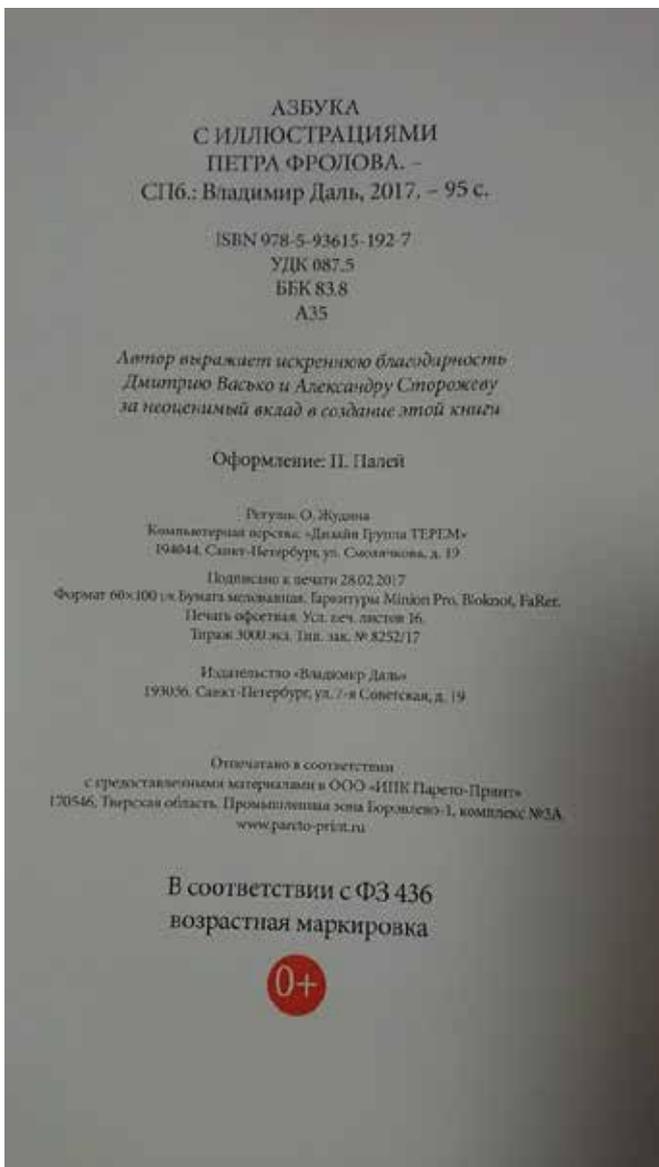
There are multiple floors and the top floor is the rotating exhibition. For this outing we just went to the top floor, so I will definitely go back to the museum as there is so much more there to see. This is the largest art museum in Kazakhstan.

The museum is currently having an exhibition of Peter Frolov an artist from St. Petersburg, Russia.

He is the author of a Russian's children's ABC book, every page represents things that start with that letter.

Many of his paintings that were displayed were also the pages to his ABC book. His paintings are very colorful and have all sorts of things that you not normally see together, the longer you look at his work, the more you find. I really enjoyed looking at his exhibition. Our Russian Conversation Leader Nina had us write any words we knew in Russian from the pictures and we had a contest who could get the most words!

Museum's website with more info:
<http://www.gmirk.kz/en/>



ALMATY LOCALS

AN INTERVIEW WITH DENIS KRUKOVICH
FROM TONI & GUY HAIRDRESSING

INTERVIEW BY WENDY MOORE



Is there a woman anywhere who doesn't spend a significant amount of time thinking about her hair - the style and the color? And then when she enters a new country with a new culture and language, sometimes the options seem terrifying, but most of the time the cross-cultural hair styling experiences provide the stuff that makes some terrific stories. With salons on almost every block, Almaty seems to have what every woman needs. But when she doesn't speak the language or clearly understand the culture, an expat woman relies on local friends to help her find the best quality and the best experts.

So if you are looking for a familiar touch and style with some of the techniques that you have known and trusted, let us introduce you

to Denis from Almaty's Toni & Guy salon. All of the Toni & Guy stylists receive their ongoing training in London, and Denis cannot talk enough about how much he appreciates this rigorous program that demands he maintain a cutting edge in hair styling techniques. Denis also has a love for cars and camping in the mountains that rivals his love for his work at the salon. While he is always ready to take on new clients at the salon, he is also just as happy to take new friends up to the mountains for a spectacular trip. Without any further ado, meet Denis from Toni & Guy and learn a little more about the man who holds the scissors.

When did you do your first hair cut?

I did my first hair cut when I was 14 years old. I was interested in hair styling, and I wanted to try to do it. My first client was my neighbor, a man of 60 years old. Now I think that at that time he wasn't very happy with my work.

Why did you become a hair stylist?

I decided to become a hair stylist because I always liked this profession.

Where did you receive your training?

In 1994 I entered the Hair Styling School in Almaty. In one year I finished school and started to work.

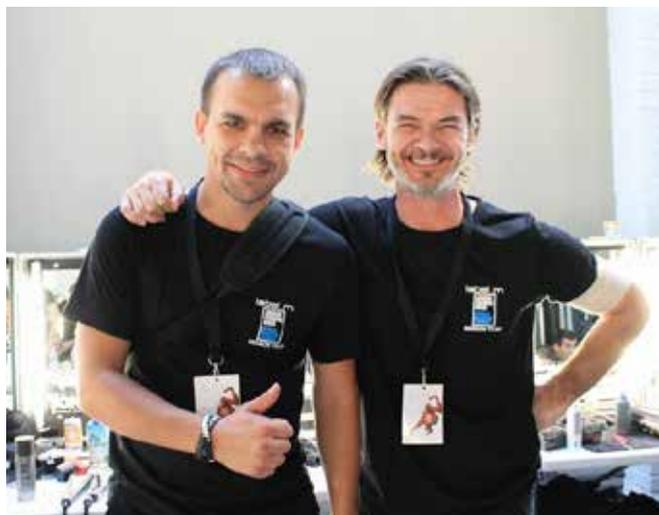
What is your favorite thing about your job?

I like my job very much. I also like to work with people and make them happy. My work always gives me much pleasure.

What are you passionate about? What motivates you?

What motivates me? To my mind, it is seeking constant improvement in my work, as if when we improve ourselves we can improve the lives of other people and,

“ What motivates me? To my mind, it is seeking constant improvement in my work, as if when we improve ourselves we can improve the lives of other people and, by all accounts, help to improve the world around us.



by all accounts, help to improve the world around us.

How do you balance your work and your family life?

Frankly speaking, it isn't easy to balance my work and my family life. But I always try to allocate my time so that all my clients are happy as well as my family.

Why do you like working at Tony & Guy?

When I was a very young hairdresser I saw a lot of pictures of haircuts made by Toni & Guy's professionals. I liked their ideas very much and I tried to work in the same brand. Then, fifteen years later I had the chance to go to London to study in Tony & Guy Hair Styling Academy. I graduated with honors and started to work in Tony & Guy's hairdressing salon here in Almaty. Their motto "Never stop learning" is very close to me.



What does March 8th mean to you? How does the Women's Day holiday affect your job/work?

The eighth of March means to me a "hard working time". This is the busiest time of the year. As a rule, I come home far beyond midnight.

What is the most important thing when helping women choose a hairstyle?

To my mind, the most important thing when helping women choose a hairstyle is the skill and experience of a hairdresser. Tony & Guy's training help me to determine the individual image of every client, considering the structure of hair and mentality of the client.



What would you like to say to all the women who are member of our international club?

I'd like to say to all the women that fashion haircuts, the length and color of hair, can be changed very quickly but beautiful and healthy hair always remain in fashion. Our salon will help you keep you like this for years.



AN EVENING OUT FOR THE CLUB!

AIWC WEEKLY MEETING AT COLIBRI

WRITTEN BY WENDY MOORE

On Wednesday 21 February, Colibri hosted the AIWC at their newest location for a fun evening out with a buffet and informative presentation about who Colibri is and what they have to offer.

The bright and attractive deli and market provided a lovely ambiance for the evening. Colibri's Marketing Director, Aizhan, let AIWC members be the first to know that they are opening a third Colibri location at EUROPOLIS, coming this spring.

Colibri also provided an assortment of yummy canapes (and yes, they do provide catering services - information on catering available at both locations) and custard tarts. Our ladies also had the opportunity to try out some of their wine selection as well as pick up some groceries and deli items before heading home for the night. Please be sure to ask about getting a Colibri card to collect bonus points every time you make your purchases at Colibri.

AIWC members also had the privilege of talking with the top managers from Colibri, giving feedback and providing some specific ideas for how Colibri can better meet needs in the market. We look forward to experiencing all that Colibri has to offer. A big "Thank You" to our AIWC sponsor Colibri for providing our members a nice evening out.



i just
WANTED
TO SAY A
BIG
of **THANK**
you



colibri
GASTROMARKET

CLUB ACTIVITIES

KNITTING GROUP EXCURSION TO DARA

WRITTEN BY ASEM KHAIZOVA-STEC

Today knitting group agreed to meet in the Montessori room with parents to make baskets and other items. The main idea was to help parents of kids with diseases to come out of their problems and start thinking of other things. They can see these wonderful ladies from the knitting group, learn knitting, chat and have fun.



MOVIE CLUB

WRITTEN BY NADEZHDA YEREMINA

The first movie group meeting in 2018 was held on Thursday, February, 8 at our member's home. Rasa, a young lady from Lithuania kindly hosted us and cooked Italian food Lasagna for the lunch (to get some flavor of Italy according to the Italian movie we have been watching). We watched and talked about the film "Perfect Strangers" (Italian Perfetti sconosciuti) which is a 2016 Italian comedy-drama film directed by Paolo Genovese. The plot is about seven long-time friends (three married couples and a divorcee) are having a dinner. They decide, as a playful game, to put each one's mobile phone on the table and reveal every text message or phone call they would receive that evening, to prove that nobody has anything to hide.

No one is thrilled with the idea, but refusing would be tantamount to admitting there's something to hide, so they agree to play. So, everyone's secrets are unveiled and the seven friends find themselves perfect strangers to each other. Once upon a time secrets were shared between friends, but now the cell has become the repository of our illicit behaviors, and the moment that's exposed, all is laid bare, with no protection. Up until 20 years ago, our secrets were kept inside us; today, they are buried in our mobile phones, which have become a little bit like our black boxes.

One of Perfect Strangers' strong points is that you immediately identify with things in the movie. After all, mobile phones do speak all the languages of the world.

The second movie group meeting combined with the English conversation group was held on February, 23 at Trish's house. A couple of weeks before we had watched Ted Talk video about how close scientists are getting to knowing the answer if alien life could be on other planets. There were questions to consider:

-How do you feel about possibility of life on other planets?

-How might discovering life on other planets change how we live here on Earth?

-Would you travel to space?

We had a good discussion about Mars mission and to make the topic fully completed we decided to watch the film "Passengers" .

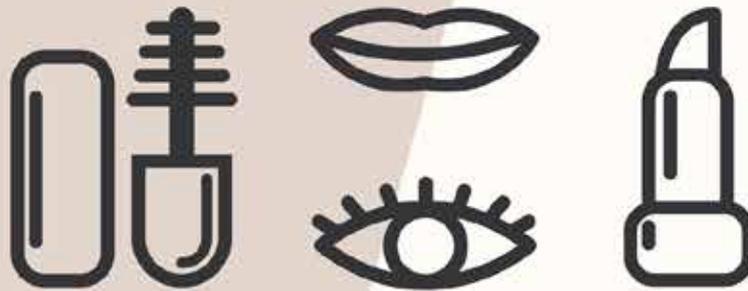
The meeting had a success , we watched the movie and determined the plot as a new version of the Bible. The only question arising during the conversation was why the authors did not show human reproduction in the spaceship and why happily created couple didn't spring up. Why not to share our opinion with the plot writers?

The next meeting will be held at the end of March. We will provide detailed information in What's app AIWC group.



BEAUTY PROJECT

FOR ARK VILLAGE



DONATIONS WELCOME !

Please donate gently used, never-before used, or newly purchased cosmetics, hair care or skincare products, or toiletry bags.

Usually children learn these things at home with their parents. But the AIWC Charity Team is organizing a tutorial or masterclass for the orphans at Ark Village - to help these young people learn about healthy skincare and appropriate cosmetics use.

If you have any questions please contact
charity.aiwc@gmail.com



schauma

8TH

OF MARCH
2018



International Women's Day

Every year, to celebrate International Women's Day, Seven Trees makes **500 gift bags** containing much needed personal care items to give to the women in the local prisons.

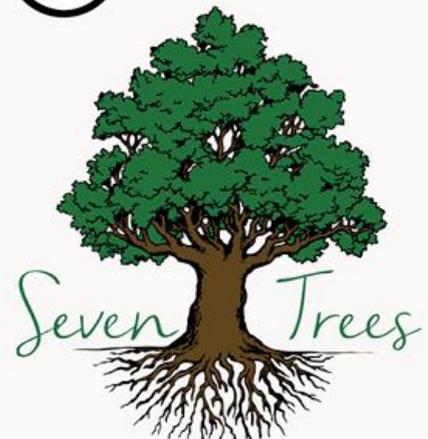
Please donate these new personal hygiene items for the Care Bags:

- Toothbrush & Paste (100 ml)
- Shampoo (250 ml)
- Soap (70 g)
- Sanitary Pads

YOUR CARE AND HELP ARE NEEDED!

**LATEST COLLECTION DAY:
WED, FEBRUARY 21ST 2018**

at the AIWC Meeting:
10:30 -12:00 am
Intercontinental Hotel Almaty



SOCIAL IMPACT BUSINESS

seventreesorder@gmail.com

+7 701 986 22 24

facebook.com/seventrees

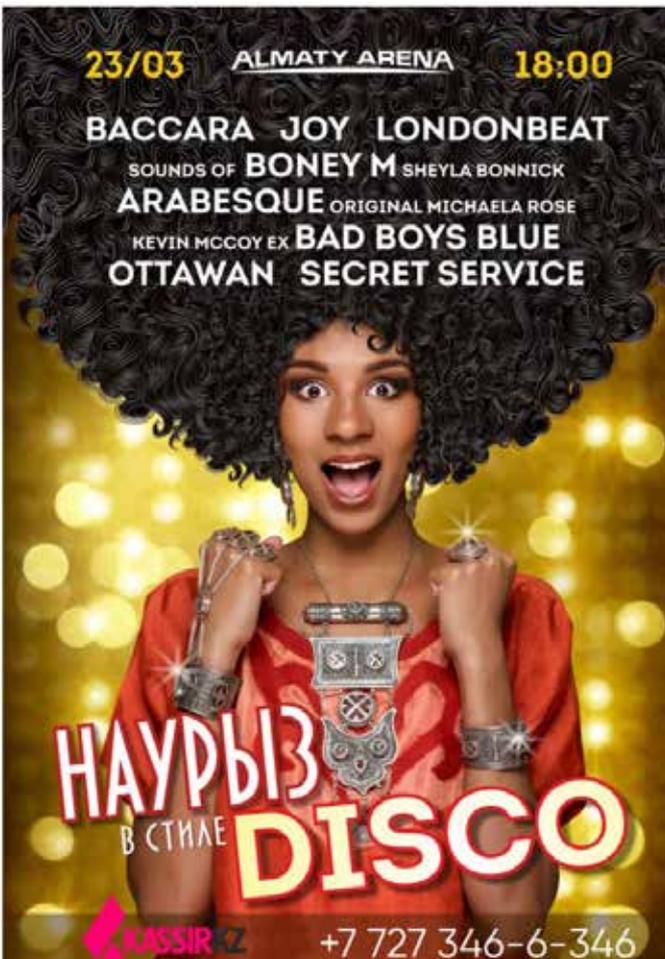
instagram.com/seven_trees_

www.seven-trees.org

*Bringing Hope and Help
to women at risk in Central Asia*

23/03 ALMATY ARENA 18:00

BACCARA JOY LONDONBEAT
 SOUNDS OF **BONEY M** SHEYLA BONNICK
ARABESQUE ORIGINAL MICHAELA ROSE
 KEVIN MCCOY EX **BAD BOYS BLUE**
OTTAWAN SECRET SERVICE



НАУРЫЗ
 В СТИЛЕ **DISCO**

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GETTING TO KNOW THE
DUTCH PAINTERS
 MASTERCLASS BY: ALEXIS STRELITZ

After decades living in the heart of Paris, Alexis Strelitz has spent the last 10 years working in the art world.




LIMITED TICKETS AVAILABLE
BOWLER COFFEE ROASTERS
 (NO ALCOHOL & PREPARATION REQUIRED)

DISCOVER THE WORLD OF:

HIERONYMUS BOSCH	(1450 - 1516)
FRANS HALS	(1562 - 1666)
REMBRANDT VAN RIJN	(1606 - 1669)
JOHANNES VERMEER	(1632 - 1675)
VINCENT VAN GOGH	(1853 - 1890)
PIET MONDRIAN	(1872 - 1944)
WILLEM DE KOONING	(1904 - 1977)

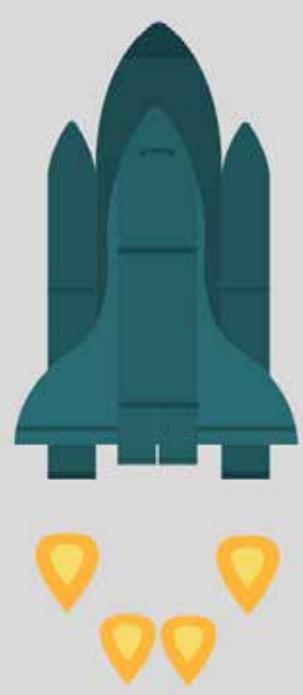
LECTURE FEE
5000 KZT
 PER PART & PER PERSON
 INCL. 1 X CAPPUCCINO / AMERICANO
 / LATTE & COOKIE OR SLICE OF PIE

PART 1: **24 FEB**
 PART 2: **10 MARCH**
 2018

PART 1: TIME OF TRIUMPH
 PART 2: SCANDALS & SHADOWS

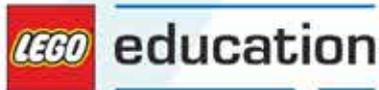
SCHEDULE:
 11:00 - 13:30 ON SUNDAY
 1 X 45 MINUTES
 30 MINUTES BREAK
 1 X 45 MINUTES
 Q&A SESSION

BOWLER COFFEE ROASTERS



EXCITING NEWS ...

**THE AIWC
 WEBSITE IS
 LAUNCHING
 SOON !**



AFTERSCHOOL PROGRAMS

Official Lego® Education Afterschool Programs in Kazakhstan!

LEAS Programs of additional education for kids from 3 to 14. All classes use special sets of LEGO and individual workbooks. In groups there are 4 to 8 people. Lessons are taught by certified teachers according to international methodics of Lego® Education Afterschool Programs.

Our courses:

Inventor 3+

Researcher 4+

World of robotics 9+

Engineer 5+

Code creators 7+

Innovator 6+

Machines and mechanisms 2-7+

World of science 1-6+

Speech development 6+

1+1 More to math 6+

English Courses Fee From 15 000 KZT per month

Contact us:

RC Maxima residence, D1 unit, Kabanbay Batyr Str., 49/1
(entrance from intersection of Bogenbay Batyr and
Karmysov streets). Tel.: +7 777 236 70 70

RC "Comfort", 309 Gagarin Ave., up Levitan str.
(near Al-Farabi Ave.). Tel.: +7 778 309 55 00

We work every day, from 10am to 8pm.



**Official center of
LEGO EDUCATION AFTERSCHOOL
PROGRAMS IN ALMATY!**

**STEM: Science,
Technology,
Engineering, Math**

**Groups in
English, Kazakh and
Russian!
For children From 3 to 14!**

**Fascinating educational programs
and tournaments on programming
and robotics!**



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ADOPT A
Babushka
45,000 kzt A YEAR

Hands of Mercy is a charity organization that offers support to the elderly in Almaty.

Each babushka's situation can vary greatly. Some are nearly blind while others are ill or have severe physical limitations that make it very difficult, if not impossible for them to get out. Others are simply terrible lonely.

Hands of Mercy help in whatever way they can, not only by bringing food and medicine, but also cleaning apartments, helping with personal care, cooking a meal, washing them, giving hair cuts and sometimes just providing companionship.

AIWC is committed to supporting 22 babushkas a year with the Adopt a Babushka Program

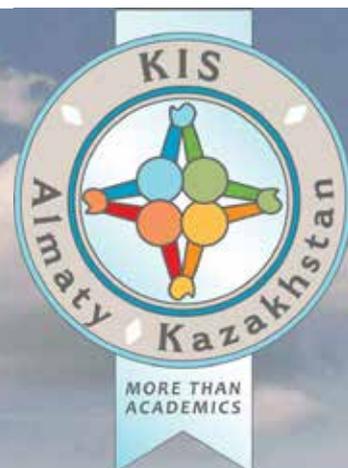
This money contributes to making sure that a babushka is taken care of for the next 12 months.

If you would like to adopt a Babushka you can do so at the AIWC weekly meetings

Why not divide the fee with your friends?

**THE NEW KIS CAMPUS:
THE FUTURE STARTS
TODAY!**

**Kazakhstan International
School Presentation
for New Parents**



For more information, contact:
info@kisnet.org
+7 (727) 395 33 54

KIS welcomes parents to a presentation about our new campus.

This is an opportunity to learn more about KIS, our new campus and its facilities, and how we can help your children achieve their dreams.

Places are limited, so please arrive in good time for a prompt start. Refreshments will be provided.

Dates and times:

Tuesday 6 March,
6.00-7.30pm

Wednesday 14 March,
12.30-2.00pm

Venue: AZUBI

meeting room (upper floor
of Colibri boutique mall,
Satpaev 3)